

THE STATE OF UTAH 1915(b) PROGRAM

Project Name:	Utah Prepaid Mental Health Plan
Initial Project Approval:	July 1, 1991
Recent Project Renewal Approval:	December 20, 2001
Recent Project Renewal Expiration:	April 8, 2003
Project Amendment Submission:	May 2, 2003
Project Amendment Approval:	Pending

PROGRAM SUMMARY

The objectives of the PMHP are to reduce costs by promoting psychiatric care in the most appropriate setting, encouraging coordinated mental health care delivery, and improving the quality and outcomes of care.

HEALTH CARE DELIVERY

Services are provided by one of eight community mental health centers to provide either directly or through arrangements with subcontractors inpatient and outpatient mental health services. The PMHPs are responsible for managing beneficiary access to and quality of care. Emergency services are not restricted under the waiver. A full capitation payment is used to pay the PMHPs for all covered services under the contracts.

BENEFIT PACKAGE

Beneficiaries receive access to inpatient and outpatient mental health services. This managed care waiver program allows for a single prepaid health plan to provide mental health-related inpatient, outpatient, and physician services, community mental health and mental health targeted case management services, mental health evaluation, psychological testing, individual and group mental health therapy, individual and group behavior management; medication management, skills development services, targeted case management for chronically mentally ill adults and seriously emotionally disturbed children who need case management services, and transportation to needed mental health services. Emergency services are not restricted under the waiver.

COST EFFECTIVENESS

The following chart illustrates the State's estimated savings from this program during the next renewal period for calendar years 2000 and 2001. Based on the State's projections, the program is expected to be cost effective.

Total Costs w/o Waiver	\$121,734,442
Total Expenditures	(\$108,649,149)
Savings realized	\$13,085,293

Regarding the State's amendment, the State will provide revised cost effective projections based on the exclusion of the TANF and medically needy populations.

Current Status

On June 3, 2003 the State sent in a renewal application for CMS to review and approve. The review is underway and is expected to be completed on August 29, 2003.

Contact – Gregg Ukaegbu - 410-786-5133 - E-Mail – gukaegbu@cms.hhs.gov

June 27, 2003.